

# CUT AND STICK RESOURCE



Looking, thinking and drawing in the Sainsbury Centre Living Area

On the following pages are cut out instructions, information and drawing prompts to encourage students to focus on their surroundings and actively explore the collections

## How to:

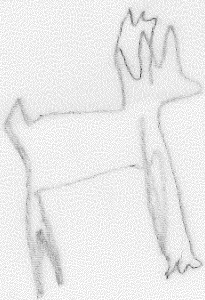
- Read through the instructions and activities and choose ones you feel will suit your students' study and ability

- Print and cut out the pieces to be stuck in sketchbooks or on different types of paper. Leave plenty of space around each task to allow for creative response. This could be something you do to prepare for the visit, or a pre-visit activity for students.

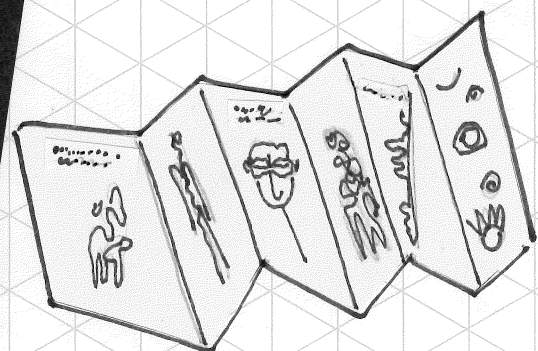
- Bring sketchbooks/ papers with you with the tasks stuck on, and pencils. We can provide clipboards and paper if you need them, just ask when you book

- Enter the galleries and start your exploration! We would advise splitting groups down into smaller groups which are supervised with enough adults to keep the students safe

Hold your pencil at the very top.  
Let it dangle while you sketch an object.



Look at an object for 1 minute.  
Turn your back on the object and draw!



## Getting started

Date:

Where am I? (Sketch or write first impressions)

### Why is it here?

Robert and Lisa Sainsbury were art lovers who collected works from around the world and bought works from artists they befriended and supported. Their collection outgrew their home and in 1973 they donated their collection to the University of East Anglia. David Sainsbury (their son) funded the building to house the works and The Sainsbury Centre was opened in 1978.

Sir Robert Sainsbury was the grandson of the founder of Sainsbury's supermarkets.

### Why is it called the Living Area?

Robert and Lisa Sainsbury's vision for the gallery was to create a place for people to feel comfortable and at home with art, just like they did in London. The carpets, comfy seating and opportunity to view objects at 360° degrees make this gallery a 'Living Area'.

The building and galleries were designed by Sir Norman Foster, world renowned British architect whose buildings include the Gherkin in London.

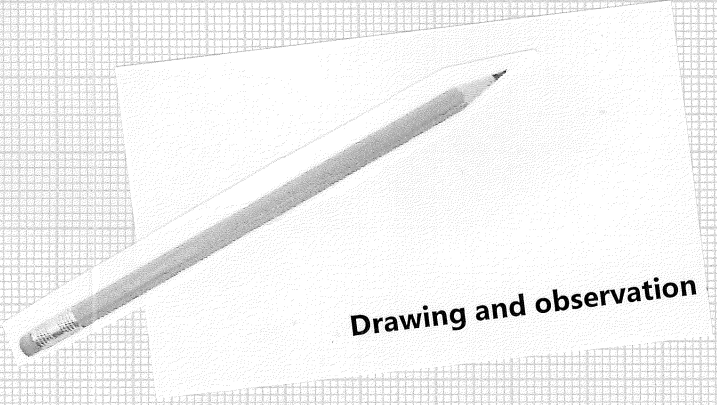
The art on display is from across the globe and spans 5000 years. Many of the objects could be found in history or anthropology museums, however Robert and Lisa Sainsbury collected them as artworks in their own right. They are displayed to be thought about in the same way as the modern and contemporary paintings, drawings and sculptures.



There are sculpture busts of Robert and Lisa to find in the Living Area.







**Drawing and observation**

Draw an object. Now try it smaller. Smaller still. Tiny!

Look for shadows on the floor. Draw a few. Shade them in!

Look at an object for 1 minute. Turn your back on the object and draw!

Draw an object very big on the page so lines go off the edge.....

Find an interesting object with lots of different shapes and angles. Draw sections of the object.



Continuous line drawing. Draw an object. Don't take your pencil off the page!

Draw a simple line or contour. Now match your line to an artwork or object. Continue the line.

Write a description of an object or artwork. Imagine you will need to draw the object from memory at a later date. Include lots of detail to help you!

*Hold your pencil at the very top. Let it dangle while you sketch an object.*

Look at an object. Keep looking. Don't look at the page while you draw the object.

Find an object in a case or a sculpture on a plinth. Draw from one angle. Move around the object and draw again next to or overlaying your first drawing. Repeat one more time.



Look around the space you are in. The walls, the ceiling, the windows. Sketch part of what you see.

Draw an object/artwork and include the case or frame

Make a fist around your pencil. Draw an object or part of the building holding your pencil in a firm grip.

Choose a theme and fill the page: Eyes, pattern, figures, ears, animals, containers,

Draw an object or art work. Add some words over the top, around the object, along the edge, radiating out or in a spiral. Use words from the text panel or choose your own words to describe the pattern, shape or feeling of the art.

To get in touch with the schools and outreach team  
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This resource was produced by Lynn Gray and Rose Hughes in 2018

**SAINSBURY**  
**CENTRE** 40 YEARS  
1978-2018